



Rise Health Group, 1401 Ferntree Gully Road, Scoresby, Victoria | <a href="www.risehealthgroup.com.au">www.risehealthgroup.com.au</a> | Ph: 03 9763 9233 | Hours: Monday to Thursday 8am - 8pm, Friday 8am - 6pm, Saturday 8am - 12pm

Our team of highly qualified physiotherapists, exercise physiologists, sports physicians, myotherapists and podiatrists use the latest industry knowledge and technology to help you recover from injury or illness and are experienced in working with people who live with disability.

#### **Main Entry Access**

Ramped
Automated door
Door clearance 1580mm



#### **Our services**

Clinical Pilates
Dietetics
Exercise Classes
Exercise Physiology
Exercise Rehabilitation
Female Sports Doctor
Gym
Myotherapy
Physiotherapy
Podiatry
Sports Medicine









# **Parking**

- Accessible parking at the rear of clinic
- General parking

## **Access and Environment**

- Ramp access
- Lift access to all levels
- Wheelchair accessible
- Clear space between furniture for a person to manoeuvre a mobility aid
- Pen and paper available for exchange of information

# We offer home based visits!



#### **Amenities**

Accessible toilet

- Past reception, down the hallway, turn left at the bottom of the ramp, on your left hand side
- Manual door opening inward
- Door clearance 775mm
- Grab bars behind and right hand side

#### Unisex toilet

Behind reception desk to the left









### **Fees and Charges**

- Patients with private health insurance only pay gap
- Enhanced Primary Care Plans (EPC) accepted, gap payment applies to see a Senior Practitioner
- Discounts on exercise class packs
- Length of appointments may vary
- NDIS provider

## **Reception/Waiting Room**

- Reception desk height 1080mm
- Seating with arm and backrests

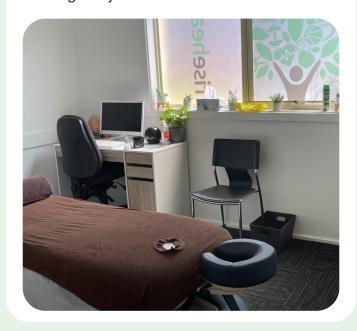




# **Online Booking** www.risehealthgroup.com.au

## **Consultancy Room**

- Door clearance 800mm
- Height adjustable examination tables



#### **Environmental Acoustics**

- Carpeted throughout
- Upbeat music in the gym
- Relaxation in the pilates studio

We are you happy to turn the music volume down during classes.

# Free Wi-Fi

# **Accessible Gym Equipment**

- Recumbent bikes
- Free weights
- Bar bells
- Kettle bells
- Dumb bells
- Boxing equipment
- Medicine balls



- Cable machines
- Cardio equipment
- TheraBands
- Foam rollers
- **Functional training** equipment